

Lots of your mates gamble...

*but when does gambling go from being fun
to having none?*

Have you noticed your friends:

- Spend more time gambling than with mates*
- Bet bigger to increase the excitement of gambling*
- Talk about gambling everyday*
- Chase loses to try & win back money*
- Lie and keep secrets about their gambling*
- Borrow money to gamble off you or your mates*
- Try to stop gambling, but can't*
- Are often restless and irritable if unable to gamble*
- Gamble until every last dollar is gone*

*Sometimes your mates need
your help - and you can see it
before they do!!*

Put yourself in their shoes and:

- 1) Find out more so you can help them
if they need/ask for it*
- 2) Tell them what you have found out
- it free, it confidential, and it can help!*



For more info visit:

<http://www.problemgambling.vic.gov.au>
<http://gamblinghelponline.org.au>

Or phone:

www.gamblinghelponline.org.au

IT'S EASY TO TALK ABOUT GAMBLING.
LOCAL: 5278 8122 24/7: 1800 858 858